

## **Hygiene Policy**

The Hygiene Policy of Grantown YMCA Community Centre is to be adopted while the restrictions of the Coronavirus remain in place.

It has been created to ensure, so far as it is reasonably practicable, that work will be carried out in our workplace with a commitment to protecting the health of everyone who comes onto the premises.

It's important that a high level of hygiene is maintained at all times, but this is of particular importance at the current time, as the Coronavirus is known to spread through coughs and sneezes and to remain on surfaces for up to 72 hours (96 hours on plastic), allowing it to be easily picked up and spread.

In implementing this commitment to manage hygiene we will:

1. Provide hand sanitiser. Hand sanitiser is provided in key points within the building.

2. Implement a handwashing procedure. And encourage employees to wash their hands thoroughly after going to the toilet/washroom, before and after eating or handling food and after sneezing or coughing and blowing their noses.

3. Display posters with hygiene advice. Such as: Cough/sneeze into your sleeves, preferably into your elbows. If a tissue is used, discard it properly and clean/sanitize your hands immediately. Avoid touching your face, particularly eyes, nose, and mouth with your hands to prevent from getting infected. Wash your hands before and after treating an open wound or touching an animal.

4. Use a signing in and out system (through an app and a paper version where needed).

5. Increase the cleaning frequency of washroom and kitchen areas, as well as frequently touched things such as, handrails, door handles, etc.

6. Provide additional cleaning products to allow user groups and staff to clean areas regularly.

7. Ensure windows/doors are opened to increase ventilation.

Current guidance makes the wearing of face masks/coverings mandatory throughout the Centre. Responsibility for implementing this Hygiene Policy Statement rests with the Board of Management.

This Hygiene Policy Statement will be regularly reviewed and updated as necessary to remain aligned to government guidelines.

Review Date: \_\_/\_\_/\_\_\_\_